



NW
CHILDREN'S
FOUNDATION

NWCF 2023 Forum

Healing-Centered Practices & Childhood Trauma

Reimagining Ourselves and Transforming Our Work with Children and Families.

Discussion Guide

Check-In

- Begin with three deep breaths. How are you feeling today?

Forum Reflection

- What made the Forum powerful for you? What did it make you think or feel? Did you notice any big reactions? If so, what might these reactions be telling you?

Dr. Ben Danielson's Remarks: *Breathe*

- What are 1-2 moments that deeply resonated with you and why?
- What lessons are you “unlearning” (or have you “unlearned”)?
- Do you feel “permission to rest?” How do you or might you find ways to incorporate rest and restoration into your life and work?

Shawn Ginwright: *The Four Pivots: Reimagining Ourselves & Our Work with Children and Families*

The Four Pivots

1. From **lens to mirror**
2. From **transactional to transformative** relationships
3. from **problem fixing to possibility creating**
4. from **hustle to flow**

- What are 1-2 moments that resonated with you and why?
- Which pivots felt most relevant to you? Do you have any visions for how you might apply these in your own life and work?

Panel Discussion: Moderated by Dr. Ben Danielson with Shawn Ginwright, Kaaren Andrews (Center for High School Success), Saroem Phoung (The Peacemaking Institute), and Carmen Rojas (Marguerite Casey Foundation)

- What are 1-2 moments that deeply resonated with you and why?
- The panelists discussed their ways of how they hold imagination in their work and life. Imagine the future you want for yourself and your community. What does this look like?

Wrap-up questions

- As time has passed, what ideas have stuck with you?
- What is something you hope to apply in your own life and/or work? What would make it more possible? What might get in the way for you? Who might join you in this vision?