Infant and Early Childhood Trauma: Core Concepts and Tools to Build Resilience

“Trauma is like rain, but from rain you get rainbows if you add the sunshine. We are all here to bring the sunshine, to bring the hope that resides within each individual person and to make sure that it shines.”

–Dr. Chandra Ghosh Ippen

Bringing together a multidisciplinary audience to learn and connect on issues related to child abuse and neglect, the NW Children’s Fund Forum on February 6 at the Washington State Convention Center drew more than 800 people, in person and via web stream. The streaming option – a new endeavor by NWCF to expand its reach – was accessed by people from 117 cities, 21 states and three countries.

Globally, one billion children – more than half of all children – have experienced violence. Forum presenters shed light on the impact of traumatic stress on children and how, as a community, we can come together to support healing.

“These are children who have incredible promise … incredible strengths that we almost never tap into,” Dr. Benjamin Danielson, Senior Medical Director at Odessa Brown Children’s Clinic, said in his opening remarks. “These are families that survive, navigate, thrive in ways that should amaze us every day and keep us learning.”

As we think about the consequences of traumatic stress on children, families and communities, Dr. Ghosh Ippen, Associate Director of the Child Trauma Research Program at the University of California, San Francisco, encouraged Forum attendees to think about strengths, hope and the power of collaboration. Recognizing and responding to childhood trauma in a collaborative way helps turns the tide for these children, she said.

POWERFUL LEARNING

Dr. Ghosh Ippen explained that because we are wired for survival, our bodies absorb

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What is a Trauma-Informed Child and Family Service System?

According the National Child Traumatic Stress Network: A trauma-informed system is one in which all parties involved recognize and respond to the impact of traumatic stress on those who have contact with the system including children, caregivers and service providers.

Programs and agencies within such a system infuse and sustain trauma awareness, knowledge and skills into their organizational cultures, practices and policies. They act in collaboration with all those who are involved with the child, using the best available science, to maximize physical and psychological safety, facilitate the recovery of the child and family, and support their ability to thrive.

Learn more about creating trauma-informed systems at www.nctsn.org/resources/topics.
<table>
<thead>
<tr>
<th>Agency / Program Description</th>
<th>Grant ($)</th>
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<tbody>
<tr>
<td><strong>Healing Abused Children</strong></td>
<td></td>
<td><strong>Helping At-Risk Youth</strong></td>
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<tr>
<td>Amara / Parenting and adoption services to create safety and permanence for at-risk and special-needs children.</td>
<td>15,000</td>
<td>Big Brothers Big Sisters of Southwest Washington / Mentoring for children who are at risk of dropping out, violence, substance abuse and other juvenile problem behaviors.</td>
<td>12,000</td>
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<td>Boyer Children's Clinic: CHERISH Program / In-home therapeutic intervention to support foster parents in building nurturing relationships with young children who have special healthcare needs.</td>
<td>10,000</td>
<td>Cocoon House: Housing Programs / Quality, safe and stable housing and wraparound support services for homeless youth ages 12-17 and teen mothers for up to 18 months.</td>
<td>15,000</td>
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<td>Childhaven: Continuum of Care Program / Developmentally-focused trauma care and treatment services to support the healing of abused and neglected children ages 0-5.</td>
<td>10,000</td>
<td>Communities in Schools of Lakewood / Mentoring, tutoring and emergency services for underprivileged children provided through a network of community volunteers.</td>
<td>12,500</td>
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<td>Dawson Place Child Advocacy Center / Coordinated medical, mental health, advocacy, protection and law-enforcement services for abused children in Snohomish County.</td>
<td>13,000</td>
<td>Communities in Schools of Renton / Mentoring, tutoring and wraparound support services for at-risk students.</td>
<td>15,000</td>
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<td>King County Sexual Assault Resource Center / Array of therapeutic interventions to support healing in child and youth victims of sexual abuse and their families.</td>
<td>34,000</td>
<td>Friends of the Children / Long-term professional mentoring to guide children facing tough challenges to reach their potential and achieve their goals.</td>
<td>12,900</td>
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<td>Lutheran Community Services Northwest: Permanency Planning Foster-Adopt Program / Provides abused and neglected children with safe, secure and permanent homes.</td>
<td>12,000</td>
<td>Northwest Youth Services: Positive Adolescent Development Program / Emergency housing and case management for homeless youth ages 13-17.</td>
<td>14,000</td>
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<td>Northwest Adoption Exchange: in-Depth Profile Program / Innovative, youth-centric initiative to find adoptive families for older youth in foster care.</td>
<td>7,500</td>
<td>Readiness to Learn Foundation / Programs to stabilize the school experience for students during difficult periods and connect their families to basic needs resources.</td>
<td>9,000</td>
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<td>Pediatric Interim Care Center / Immediate, short-term, medically supervised care for drug-exposed and fragile infants.</td>
<td>14,000</td>
<td>Refugee Women's Alliance: Unaccompanied Minor Mentoring Project / Mentoring program focused on unaccompanied and undocumented students ages 12-18.</td>
<td>8,000</td>
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<td>Ryther: Attachment, Regulation and Competency (ARC) Model / Implementation of trauma-informed framework for intervention with youth and families who have experienced multiple and/or prolonged traumatic stress.</td>
<td>30,000</td>
<td>Rescue Mission: Youth Program / Academic and socio-emotional support for homeless children ages 2-18 living in Rescue Mission facilities.</td>
<td>10,000</td>
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<td>Secret Harbor / Therapeutic foster care, in-home support and residential treatment services for young people who have experienced significant trauma due to abuse and neglect.</td>
<td>14,000</td>
<td>TeamChild / Advocacy and specialized legal services connecting high-needs youth in crisis with support programs and services.</td>
<td>10,000</td>
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<td>World Association for Children and Parents: US Kids Adoption Program / Adoption services, from family recruitment to post-adoption support, for Washington state foster children.</td>
<td>10,000</td>
<td>Youth Tutoring Program - Catholic Community Services / After-school tutoring and enrichment program for kids living in Seattle low-income communities.</td>
<td>10,000</td>
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<td>YWCA Clark County: Independent Living Skills Program / Case management and support services for foster youth transitioning from state care to independence.</td>
<td>16,600</td>
<td>YouthCare: Pathways Transitional Housing Program / Housing and support services for homeless minors ages 14-17.</td>
<td>13,000</td>
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<td><strong>Strengthening Fragile Families</strong></td>
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<td>Center for Children &amp; Youth Justice: Family Advocacy Center / Provides low-income families with comprehensive support through civil legal issues to avert foster care placements.</td>
<td>7,000</td>
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<td>El Centro de la Raza: Emergency Safety Planning Program / Individualized training and safety planning for undocumented families to ensure safety of children in event of deportation.</td>
<td>9,000</td>
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<td>Family Education &amp; Support Services: Kinship Navigator Program / Program to help related caregivers of abused children gain skills, support and resources to ensure the children in their care thrive.</td>
<td>15,000</td>
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<td>Housing Hope: Tomorrow's Hope Child Development Center / Therapeutic programming to help homeless and at-risk families overcome barriers to age-appropriate development for their children.</td>
<td>30,000</td>
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<td>Lydia Place: Parent Support Program / Parent educator home visits, group parenting education and therapeutic interventions for children in shelters and transitional housing.</td>
<td>12,000</td>
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<td>New Phoebe House Association / Comprehensive recovery and reunification program for families who face multiple challenges and are involved with the child welfare system.</td>
<td>13,000</td>
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**Total:** $485,000
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April 28, 2018 | Fremont Studios
155 North 35th Street, Seattle

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Live auction with Auctioneer John Curley

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**Winter Grant Recipients**